

REGION 11 NATIONAL QUALIFER MEET



COACHES AND ATHLETES INFORMATION

HOST: Southeast Louisiana Roadrunners
Southeastern Louisiana University (Multi-Events & Track and Field)

SANCTION: This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

DATE: Tues. & Wed June 12-13 Multi-Events
Thurs.-Sat. June 14-16 Track and Field

FACILITIES: Southeastern Louisiana University - 1/8 inch spikes may be worn on all weather track or sneakers only; 8 lanes; Shot-Put and Discus - concrete and javelin- tartan surface.

AGE CLASSIFICATION: Athlete's age on December 31, 2018.

AGE GROUPS: 8-under (2010-later), 9's (2009), 10's (2008), 11's (2007), 12's (2006), 13's (2005), 14's (2004) 15-16 (2003-2002), and 17-18's (2001-2000).

MULTI-EVENTS: Multi-events will be held in all age groups 9 – 17/18 on June 12 and 13 at the SLU Track and Field Complex in Hammond, Louisiana. The cost is \$ 25.00 per athlete.

ENTRY FEE: The entry fees are \$25.00 per track and field contestant. **Each athlete must be registered online at: www.coacho.com.** Only **MASTERCARD AND VISA CREDIT CARDS WILL BE ACCEPTED.** Cash, checks and money orders will not be accepted. (NO REFUNDS will be issued.)

ENTRY DEADLINE: All entries must be finalized on www.coacho.com by 2:00 pm central standard time on **Monday, June 11, 2018**. **There will be no exceptions in getting your athletes registered on time, please do not try and register at the last minute!**

AWARDS: Athletes will receive official Regional Championship AAU medals for 1st, 2nd and 3rd place finishers in all events.

ADMISSION : \$8.00 for adults/ \$4.00 for children(12 & under) daily at each facility.
Programs \$2.00

PROOF OF AGE: All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site <http://aausports.org/default.asp?a=pg_membership.htm> www.aausports.org to obtain their membership.

COMPETITIVE RULES: The technical rules of competition shall be those of the National Governing Body.

TEAM PACKETS: Complete Team packets containing competitor's numbers and pre-meet information will be available Thursday, June 14, 2018 at Southeastern from 11:00 am until 2:00 pm. Also, packets can be picked up on Friday, June 15, 2018 and Saturday, June 16, 2018, at Southeastern at 8:00 am-10:00 am.

PROTEST: There will be a \$50.00 cash protest fee. The protest must be made in writing and submitted within 30 minutes of the incident in question.

ADVANCEMENT: The top (6) finishers in all age groups in each individual running event, field events the top (6) will advance and top (6) in relays and the top (4) in multi-events will advance to the 2018 AAU National Junior Olympic Games to be held in Des Moines, Iowa at Drake University from July 27th - August 2nd, 2018. ***MULTI-EVENTS(THE TOP(4) FINISHERS IN THE MULTI-EVENTS IN EACH AGE GROUP MALE/FEMALE WILL ADVANCE TO THE NATIONAL GAMES!***

AAU Junior Olympic Games Declaration & Registration
Qualifiers for the 2018 AAU Junior Olympic Games in Des Moines, Iowa (by July 21st, 2018) must declare and register for the meet online through www.aauathletics.org . Do not jeopardize your athletes chance to compete by not completing this step before the AAU Junior Olympic Games registration deadline.

RUNNING EVENTS: At the starting line, the clerk of course may reheat as required to reduce required heats. In the preliminary heats the eight best times will advance to the finals. **Hurdles will all be run as timed Finals.** Starting blocks will be provided at the starting line. **No coach will be allowed on the track or field once competition has begun.**

IMPLEMENT WEIGH-IN: Implements will be weighed-in 60-90 minutes prior to start of each of the throwing events on a daily basis, once the first age group starts competing, implements will not be weighed-in, only inspected implements will be allowed in the actual competition and the competition area. House implements will be provided in all of the throwing events.

POLE VAULT INSTRUCTIONS: All competitors in the Pole Vault Competition on Tuesday, June 12, 2018 will be weighed and his/her poles will be certified by the officials at least 30-60 minutes prior to the start of the competition.

COACHES EDUCATION:

The AAU National Office is happy to announce to its members, FREE Coaches' Education for all AAU Non-Athletes. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.



MEET DIRECTOR: Miguel Becerra 985-542-2685 (home)
985-320-4290 (cell)

MULTI-EVENT DIRECTOR: Miguel Becerra - Southeast Louisiana Roadrunners

FIELD REFEREE: John Boyer - Crescent City Track Club

MEET REFEREE: Corey Mistretta –Southeastern Louisiana University

F.A.T. TIMING GROUP: Crescent City Timing Group
Dennis Penepinto/John Mayer



**SCHEDULE OF EVENTS for JUNE 11-12 at the Southeastern
Louisiana University Track and Field Complex in Hammond, Louisiana**

TUESDAY, JUNE 12, 2018 Multi-Events (at the SLU Track and Field Complex)

- 9:00 A.M. Triathlon - 9 and 10's Girls & Boys**
High jump, shot-put (6 lbs.) and 200 meters (G) 400 meters (B)
- 11:00 A.M. Decathlon – 17-18 and 15-16 Boys**
100 meters, long jump, shot-put (12 lbs.), high jump, 400 meters
- 12:00 P.M. Heptathlon – 17-18 and 15-16 Girls**
100m hurdles, high jump, shot-put (4k), and 200 meters
- 2:00 P.M. Pentathlon - 11 and 12 Girls & Boys**
80m hurdles, high jump, shot-put (6 lbs.), long jump, 800 m (G) 1500 m (B).

TUESDAY, JUNE 12, 2018 Pole Vault Competition (at the SLU Track and Field Complex)

- 10:00 A.M. Pole Vault 13-14 (G/B) thru 17-18 (G/B) Finals**



WEDNESDAY JUNE 13, 2018 Multi-Events (at the SLU Track and Field Complex)

- 9:00 A.M. Pentathlon - 13 Girls, 13 Boys, 14 Girls and 14 Boys**
100m hurdles, long jump, shot put (4k and 6lbs.), high jump, 800m (G) and 1500m (B).
- 11:00 A.M. Heptathlon – 17-18 and 15-16 Girls**
Long jump, javelin (600 gms.), 800 meters
- 12:00 P.M. Decathlon – 17-18 and 15-16 Boys**
110m hurdles, discus (1.6 kg.), pole vault, javelin (800gms.), 1500 meters.



SCHEDULE OF EVENTS FOR Thurs. JUNE 14 AT SOUTHEASTERN UNIVERSITY IN HAMMOND, LA

THURSDAY, JUNE 14, 2018

FIELD EVENTS:

10:00 A.M.	High Jump	9 (G/B) thru 17-18 (G/B)	Finals
10:00 A.M.	Javelin	13 (G/B) thru 17-18 (G/B)	Finals
10:00 A.M.	Triple Jump	13-14 THRU 17-18 (G/B)	Finals

RUNNING EVENTS - STARTING TIME 12:00 P.M.

400 Meter Hurdles	17-18/15-16 Boys (33") thru 17-18/15-16 Girls (30")	Finals
200 Meter Hurdles	13 thru 14 G/B (30")	Finals
100 Meters	8-under thru 17-18 G/B	Prelims
1500 Meter Racewalk	(9 thru 12 G/B)	Finals
3000 Meter Racewalk	(13 thru 17-18 G/B)	Finals
2000 Meter Steeple Chase	(15-16 thru 17-18 G/B)	Finals



SCHEDULE OF EVENTS FOR FRI. JUNE 15 AT SOUTHEASTERN UNIVERSITY IN HAMMOND, LA

FRIDAY JUNE 15, 2018

FIELD EVENTS:

9:00 A.M.	LONG JUMP	8-U (G/B) THRU 11-12 (G/B)	Finals
9:00 A.M.	SHOT PUT	17-18 (G/B) THRU 8-U (G/B)	Finals
12:30 A.M.	TURBO JAVELIN	8-U(G/B) THRU 11-12(G/B)	Finals

RUNNING EVENTS - STARTING TIME 9:00 A.M.

<u>EVENT</u>		<u>DIVISION/SEX</u>
3000 Meter Run	Final	11-12 thru 17-18 (G/B)
400 Meter Relay	Final	10-u thru 17-18 (G/B)
110 Meter Hurdles (39")	Final	15-16 thru 17-18 (Boys)
100 Meter Hurdles (33")	Final	15-16 thru 17-18 (Girls)
100 Meter Hurdles (33")	Final	13-14 (Boys)
100 Meter Hurdles (30")	Final	13-14 (Girls)
80 Meter Hurdles (30")	Final	11-12 (G/B)
400 Meter Dash	Final	8-u thru 11-12 (G/B)
3200 Meter Relay	Final	11-12 G/B thru 17-18 G/B
200 Meter Dash	Prelim	8-u thru 17-18 (G/B)

** Note the above schedule is subject to change without notice depending on the number of entries received. Be sure to check the schedule upon arriving at the track!

NOTE: The top (6) individuals that compete in the Finals will only be advanced to the Junior Olympic Games.



SCHEDULE OF EVENTS FOR SAT. JUNE 16 AT SOUTHEASTERN IN HAMMOND, LA

SATURDAY, JUNE 16, 2018

FIELD EVENTS:

9:00 A.M. Long Jump 13-14 (G/B) THRU 17-18 (G/B) Finals

9:00 A.M. Discus 11 (G/B) thru 17-18 (G/B) Finals

RUNNING EVENTS - STARTING TIME 10:00 A.M.

<u>EVENT</u>		<u>DIVISION/SEX</u>
800 Meter Run	Final	8-u thru 17-18 (G/B)
100 Meter Dash	Final	8-u thru 17-18 (G/B)
400 Meter Dash	Final	13-14 thru 17-18 (G/B)
1500 Meter Run	Final	8-u thru 17-18 (G/B)
200 Meter Dash	Final	8-u thru 17-18 (G/B)
1600 Meter Relay	Final	10-u thru 17-18 (G/B)

NOTE: The top (6) individuals that compete in the running event Finals will only be advanced to the Junior Olympic Games!

***Revised 3/4/18**